

Central Autumn  
Winter Menu 2024  
2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b>	<b>NEW</b> Tomato & Vegetable Pasta 	Cottage Pie with Gravy 	<b>CHICKEN SHACK</b> Peri Peri or BBQ Chicken or Quorn with Diced Seasoned Potatoes Sweetcorn Salsa 	Meatballs in Tomato Sauce with Rice 	Salmon Fingers/ Fingers with Chips & Tomato Sauce 
4/11/2024					
25/11/2024					
16/12/2024	Mexican Fajitas with Rice 	<b>NEW</b> Creamy Chickpea and Coconut Curry with Rice 	Vegetables of the Day 	<b>NEW</b> Cheese and Broccoli Pasta with Garlic Bread 	Mexican Bean Roll with Chips & Tomato Sauce 
20/01/2025					
10/02/2025	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 
10/03/2025	Blackberry and Apple Crumble with Custard 	Melting Moment Biscuit 	Fruit Platter 	Carrot and Courgette Cake 	Chocolate Orange Cookie 
31/03/2025					
<b>WEEK TWO</b>	Classic Cheese and Tomato Pizza  Or Rainbow Pizza 	<b>NEW</b> Chicken Pasta Bake with Garlic Bread 	Sausage and Mash with Gravy 	Chicken Tikka Masala with Rice 	<b>NEW</b> Tuna Pasta Bake or Fingers with Chips & Tomato Sauce 
11/11/2024					
2/12/2024					
6/01/2024	With Potato Wedges 	Chinese Vegetable Curry with Rice 	Vegan Sausage and Mash with Gravy 	<b>NEW</b> Mild Mexican Chili with Rice 	Cheese and Tomato Quiche with Chips & Tomato Sauce 
27/01/2025					
24/02/2025	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 
17/03/2025	Marble Sponge Cake with Custard 	Jelly with Mandarins 	Fruit Medley 	Fruit Cake 	Daily Cookie 
<b>WEEK THREE</b>	Maccaroni Cheese 	<b>Caribbean Carnival</b> <b>NEW</b> Mild Caribbean Chicken with Rice and Peas 	Roast of the Day with Stuffing Roast Potatoes and Gravy 	Spaghetti Bolognese 	Breaded Fish with Chips & Tomato Sauce 
18/11/2024					
9/12/2024	Plant Balls in Tomato Sauce with Rice 	<b>NEW</b> Caribbean Butterbean Stew with Rice and Peas 	Cottage Pie with Gravy 	<b>NEW</b> Hot Pot Baked Bean Casserole 	Cheese and Pepper Omelette with Chips & Tomato Sauce 
13/01/2024					
03/02/2025	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 	Vegetables of the Day 
03/03/2025	Chocolate and Beetroot Brownie 	Sticky Toffee Apple Crumble with Custard 	Fruit Salad 	<b>NEW</b> Savoury Cheese Scone 	Vanilla Shortbread 
24/03/2025					

**MENU KEY**

- Added Plant Power
- Wholemeal
- Vegan

Available Daily: Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

**ALLERGY INFORMATION:**

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

