

# PE UPDATE



## GB & England Athlete visit 25<sup>th</sup> March 2026

I'm sure you will have seen we had our amazing athlete visit on Wednesday. We were very lucky to have a surprise athlete join us for the afternoon. Sean Rose is a world-class sportsman and adventurer. Sean is a double winter Paralympian, he won Britain's first skip world cup downhill gold and become a world water ski champion. Some of Sean's achievements include:

2011 Winter X games, Mono Skier X – Bronze, 2010 & 2006 Winter Paralympics, 3 X world and European Water Ski Champion, 5 world cup medals & 7 British titles, 30+ International medals and a world first adventurer! We were also joined by Cerebral palsy England star Harry Baker! The children enjoyed taking part in a fitness circuit with our athletes before Sean delivered an inspiring assembly, talking about his life, his setbacks and of course his amazing achievements. Students had the opportunity to ask Sean some questions about his life and sporting career. A fantastic afternoon and one we hope will stay with the pupils for a long time. Thank you for all of you parent and family support you have shown this term. We have been very busy with sporting events and we wouldn't be able to attend all of the events we do without your help so thank you very much!

